

West Norfolk Early Help C-19 Round up

Hello Everyone

This information is in addition to last Week's listings. if you would like a copy of last Week's listing please let me know.

Apologies for any cross posting;-

There is attached A PDF version for those who wish to post it to Websites etcetera.

New services/events

West Norfolk Early Help Roundup will cease from 27th November

The West Norfolk Early Help C-19 Round-up will not be published after 27th November and the West Norfolk Monthly Bulletin and Service Directory will not resume publication.

Future Partner and Community Focus countywide communications will be published monthly as the Partner and Community Focus News Update. Regular subscribers should have already received the September and October Editions of the Update and the November Edition will be published at the end of the month. If you have not received an edition and wish to subscribe please go to

<https://www.norfolk.gov.uk/children-and-families/early-help-and-family-support/support-for-professionals/useful-resources/news>

Specific district information will be posted regularly to the West Norfolk District page of the Early help and Family Support Website

<https://www.norfolk.gov.uk/children-and-families/early-help-and-family-support/support-for-professionals/useful-resources/news/west-norfolk>

NCT West Norfolk. Walk and Talk

NCT West Norfolk are running a Walk and Talk every Monday (weather permitting) at Sandringham at 10am for 1 hour. Numbers are limited so any parents have to book through the Facebook event each week. The volunteer meets outside the shop/cafe and then they head out for a walk.

https://m.facebook.com/NCTWestNorfolkBranch/about/?ref=page_internal&_rdr

Easy Read Guide about Shielding

A poster-like summary of guidance for the Clinically Extremely Vulnerable (CEVs), which the Govt. published yesterday:

[Easy Read Shielding Guidance November 2020.pdf](#)

Vacancy with the Pandora Project

Children and young People's Triage Worker for West Norfolk

Work Pattern: 37.5 hours per week

Fixed term contract for 12 months

Salary: £20,000

Job Purpose:

Pandora Project is a registered charity providing specialist support and advice to women and young people who are affected by current or historic domestic abuse. The purpose of the Children and Young People's (CYP) triage worker role is to provide a confidential service for CYP on our waiting list who have experienced or who are living with, domestic abuse, as part of Pandora Project's CYP Service. The role will also include some admin work.

Job Requirements:

Relevant qualifications and/or experience of providing support, in a professional role, for people affected by domestic abuse. A good understanding of the effects of domestic abuse on children and young people. Having excellent communication skills is essential as is the ability to lone work effectively.

How to apply:

Contact info@pandoraproject.org.uk for an application pack.

Closing date for applications is Friday 4th December. Unsuccessful previous applicants need not apply.

White Ribbon Day 2020

White Ribbon Day 2020 is Wednesday 25 November. Each year thousands of people stand up, speak out and say no to violence against women. This year is more important than ever with a significant increase in violence, harassment and abuse towards women during the coronavirus pandemic. We urgently need to work together to prevent violence and make sure our communities and homes are safe for everyone. Despite the pandemic there are lots of ways to show your support. [Print off our free poster](#) - put it in your window and make a donation.

YOUR ACTION PACK - BUY RIBBONS - YOUTH AND SCHOOLS - MAKE A DONATION - PRINT THE PROMISE POSTER

<https://www.whiteribbon.org.uk/day>

Free Advice Sessions for Good Divorce Week

Family law firm Ward Gethin Archer Solicitors is aiming to help families facing the challenges of separation by offering free advice sessions to show support for Good Divorce Week.

Good Divorce Week, which runs from November 30 to December 4, is an annual campaign that aims to promote practical and constructive ways for separating parents to put the needs of their children first.

Organised by Resolution, a community of more than 6,500 family justice professionals, this year the campaign focuses around the benefits of early legal advice, as the organisation prepares to relaunch its public facing Code of Practice.

Resolution members believe the process of separating, sorting out finances and arranging childcare should be done in a way that minimises conflict and keeps the best interests of any children involved at the heart of proceedings.

To help in promoting the benefits of early legal advice, during Good Divorce Week Ward Gethin Archer Solicitors will be offering 30-minute free advice sessions to those families who need it at all of their offices across Norfolk and Cambridgeshire. In West Norfolk, the firm has offices in Lynn, Downham, Swaffham and Heacham.

Anyone who is interested in having a free 30-minute advice session, should call Ward Gethin Archer on 01553 660033 and ask to speak with a member of the Family department.

Virtual focus group opportunity for Kings Lynn residents

Healthwatch Norfolk are working with the University of Cambridge and Public Health England to find out what you think about how your data is used to improve your health and the health of your community.

The focus group will cover topics like how data can be used to improve health, and your expectations and concerns about data sharing.

For those living in West Norfolk, the focus group is being held on Wednesday 2nd December from 18:30 – 20:30 via Zoom.

You can sign up here: <https://www.smartsurvey.co.uk/s/MMLAU2/>

Participants will receive a thank you voucher of £15

Wellbeing Community Champions Training

This FREE training is for anyone, but particularly useful for businesses, trusts, charities and community groups. If you would like to increase your understanding of mental health and create a supportive and positive mental health environment where you live, work or volunteer, becoming a *Wellbeing Community Champion* may be for you! For more information, or to book a place, please email us.

[Wellbeing Community Champion Online Training](#)'.

For more information or to book a place, please email:

socialsandvolunteering@wellbeingandw.co.uk

Kings Lynn Winter Night Shelter

the King's Lynn Winter Night shelter has now reopened and is now accommodating individuals who were previously rough sleeping. Due to the pandemic, the Night shelter is having to operate very differently to previous years. This can be summarised as follows:-

- Anyone needing accommodation out of hours should contact the council's Out of Hours service on 01553 616601.
- If agencies become aware of individuals who are rough sleeping and need accommodation they should contact the council's Housing Options team (housingoptions@west-norfolk.gov.uk) within office hours.
- Individuals should not be advised to approach the Night shelter directly as they cannot be accommodated until an assessment has been carried out by the Night shelter and the Housing Options team.
- The Housing Options team will arrange an assessment of the persons circumstances and assess whether a homeless person can be placed at the Night shelter or, if they require alternative accommodation as a result of any vulnerability (vulnerability will be assessed and determined by the Housing Options team)
- Prior to any accommodation being offered, an assessment of the individual's vulnerability to the Covid 19 pandemic must be undertaken.
- Due to the pandemic the Night shelter is unable to operate an open door policy this year and the Night shelter is only able to accommodate up to 6 individuals in single self-contained rooms as sharing is strongly discouraged under Government and Public Health guidelines.
- All guests will be provided with their own room and will have access to their room 24/7.

These measures have been essential in order to reduce the risk of transmission of Covid 19 within the accommodation. Once accommodated, the council will be working with the Night shelter and other partners to find guests suitable move on accommodation as quickly as possible.

In addition to the night shelter, the borough council is providing an additional 10 units (welfare cabins) of emergency accommodation across 2 sites in North Lynn and South Lynn. These are in addition to the 4 units that have been in place at Kingsway and St James' Swimming Pool since May.

We are all facing a number of unprecedented challenges this year and with reduced capacity in overall emergency accommodation due to the loss of dormitory accommodation we welcome everyone's support in ensuring that we can respond to rough sleeping and best meet people's needs.

It would be appreciated if this email could be distributed to any colleagues who may encounter rough sleepers.

Please let the Strategic Housing Team know if you have any queries
Strategic.Housing@West-Norfolk.gov.uk

UK Youth COVID-19 Relief Fund

Grants of up to £50,000 are available for small youth organisations which have not had access to the crisis funding they need to survive the pandemic. Eligible organisations will have a turnover of less than £250,000 and have lost funding, face the threat of closure, or had to reduce delivery or services supporting young people, and will directly support young people. Funding can be used to cover staff salaries, project running costs, organisational development and goods and equipment which support delivery. Applications are made by completing a questionnaire about the impact of the pandemic on your organisation. The deadline for the survey is midday on Weds 25th November. For more information please click the button below

<https://funding.ukyouth.org/>

Thriving Communities Programme

The National Academy for Social Prescribing has launched its Thriving Communities Programme.

The Thriving Communities Network brings together local voluntary, community, faith, social enterprise groups and organisations, to champion and amplify the impact of their work, and inspire innovation.

Members will be able to:

- submit ideas and showcase their work via our Thriving Communities Ideas Hub
- join a series of webinars celebrating the work of local community groups and organisations in reducing health inequalities
- receive signposting to free resources.

Please click on the following web link if you would like to register and join us on our journey <https://socialprescribingacademy.org.uk/thriving-communities-network/>

Your East of England Regional Coordinator is Julie Ringer, Julie can be contacted by e-mail jringer@s-norfolk.gov.uk should you have any questions

Network Sessions with the WEA

The WEA are running a short Zoom session for community partners – both for those who have already worked with us and organisations who may be interested in finding out more about working with us.

The 1-hour session will be an opportunity for:

- Informal networking and finding out what are your priorities for adult education
- Local WEA colleagues to share what we've learned about online learning especially with adults who were least likely to engage online
- An update on new offers we are developing including stepping into work, supporting mental health and wellbeing, and our approach to getting back to face to face teaching

Please click on the link below to find out more information and register your place

[https://www.wea.org.uk/work-us/community-partners/openday?utm_source=sendinblue&utm_campaign=Partner update Facetoface teaching will continue&utm_medium=email](https://www.wea.org.uk/work-us/community-partners/openday?utm_source=sendinblue&utm_campaign=Partner_update_Facetoface_teaching_will_continue&utm_medium=email)

Please feel free to contact Adam Bracher if you have any questions, and hopefully see you next week. ABracher@wea.org.uk

Catalyst Sector Challenge Programme Funding

There are 12 Sector Challenges across four sectors most affected by COVID-19: early years; financial wellbeing; mental health and wellbeing; and sexual abuse and domestic violence.

Early Years

Sexual Abuse & Domestic Violence

Financial Wellbeing

Mental Health & Wellbeing

For each challenge, we are funding three charity or civil society organisations working in that area to come together with a [digital partner](#) to explore solutions using digital, data and design. Your charity will receive between £5,000 and £10,000 depending on the budget in your application.

The Sector Challenge Programme is part of the Catalyst and [The National Lottery Community Fund](#) COVID-19 Digital Response fund.

The programme will be run by [CAST](#), a technology charity, and supported by [Shift](#), a design charity, and [DOT PROJECT](#), a digital cooperative, who will provide support to two cause areas each.

Key dates

- Applications Open: 16th November 2020
- Applications Close: 27th November 2020
- Applicants Notified: Week of 14th December 2020
- Projects Begin: 11th January 2021
- Projects End: 26th March 2021

Eligibility

Applicants need to be an incorporated organisation serving communities within England and which meet the National Lottery criteria. This includes infrastructure bodies, federated organisations, and others who convene formal or informal sector groups. See our FAQ for more details about [who can apply](#).

Clusters will work in four different cause areas: early years; mental health and wellbeing; sexual abuse and domestic violence; and financial wellbeing. To be eligible to apply, your organisation must have one of these causes as one of your primary areas of operation.

Participants from your charity must be available and able to engage with other organisations, the digital partner and the programme coordinator throughout the full 11-week programme: 11th January - 26th March 2021.

Your receipt of this grant must be compliant with State Aid regulations - [see specifications here](#).

Unsure if you are eligible? Use our [Support Assessment](#).

How to apply

Though each cluster has three charities or civil society organisations, you apply alone, not as a group. Each application will be scored independently, so we cannot guarantee that we will be able to fund the organisations you might like to work alongside.

You are allowed to apply for more than one challenge but it is unlikely that you will be chosen for more than one.

<https://thecatalyst.org.uk/sector-challenge-grants/sector-challenge-grants>

Children's Grief Awareness Week runs 19-26 November 2020.

The Week is a chance for us to come together to show our support for bereaved children across the UK. Organisations across the UK show solidarity with grieving children, young people and their families in their community; raising awareness of their needs and how to help; and fundraising for their service.

This year more than ever, we need to focus on grieving children in our communities. This year, the theme for the week is tackling isolation, and we'll be encouraging our member services, families and schools to help young people #SaytheWords and reach out for support.

We'll be posting more details later this week. In the meantime, read on for details of what our members got up to in 2019

CGAW 2019 ran from 15-21 November with the theme #LostforWords.

We were delighted to team up with Grief Encounter, our partners in the Life Matters Taskforce and member services across the UK to plan the Week.

<http://www.childhoodbereavementnetwork.org.uk/campaigns/childrens-grief-awareness-week.aspx>

Speech and Language Therapy Services A survey for parents, carers and families

This survey aims to gather feedback on Speech and Language Therapy services for children and young people. A Speech and Language Therapy service provides assessment, diagnosis and treatment of communication difficulties. It helps children and young people who have problems with speech, language and communication or difficulties with eating and swallowing. East Coast Community Healthcare (ECCH) are the organisation who currently provide Speech and Language Therapy services in Norfolk and Waveney.

An independent review of Speech and Language Therapy services in Norfolk and Waveney was carried out in 2018. We are following the recommendations of the review by:

- Putting in place a 'balanced approach' to services which meet speech, language and communication needs
- Bringing together the two existing contracts with the aim to have one service covering the whole of Norfolk and Waveney

Norfolk County Council and NHS Norfolk and Waveney Clinical Commissioning Group have started a formal re-procurement for Speech and Language Therapy services because this is a legal requirement.

We are seeking feedback from parents, carers and families who have experience of accessing Speech and Language Therapy Services. The feedback that you give will help to shape the service that is provided from August 2021 onwards.

All the information contained in your responses will be confidential and remain anonymous (no-one will know who said what). To ensure confidentiality, please don't include detailed information such as the names of people and places. The survey has 13 questions and should take about 20 minutes to complete.

This survey will close on 6 December 2020. <https://www.smartsurvey.co.uk/s/SLTServices/>

Brexit Transitional Period News

The 12 November marks 50 days until 1 January 2021, when the UK will have left the EU single market and customs union.

If you work with employers, please signpost them to the information on <https://www.gov.uk/transition> (link is external). There are a few questions they can answer to get their own tailored business action plan.

If you are an EEA citizen you can now apply to the EU Settlement Scheme if you have not already done so, to protect your rights in the UK, by clicking here: <https://www.gov.uk/settled-status-eu-citizens-families/applying-for-settled-status> (link is external)

Points-based Immigration System

The UK's new [points-based immigration system](#) comes into force on 1 January 2021. EEA nationals residing in the UK by 31 December 2020 will have their existing rights protected through the EU Settlement Scheme (EUSS). They and their family members are eligible to apply to the EUSS and have until 30 June 2021 to do so.

Please refer to latest guidance for more information <https://www.gov.uk/guidance/new-immigration-system-what-you-need-to-know>

EU Benefit Claimants

If [EU citizens](#) (link is external) are living in the UK by 31 December 2020 they can continue to receive benefits on the same terms as they do now. People need evidence they were living in the UK by 31 December 2020 and need to apply to the EU Settlement Scheme in order to be covered by these provisions.

ASDA Feeding Communities Grant

Feeding Communities Grant has been designed to help provide meals to anyone in need in the lead up to Christmas. With more local and national lockdowns in place and changes anticipated to the coming weeks, supporting those with food provision is needed more than ever. Communities are struggling, charities are feeling the pressure, Asda Foundation is providing support. Meals can be provided for individuals, families, meals at children's healthy holiday clubs. This guide is to assist and support you through the application process. The Community Champion in your local store is also able to support you in completing your application. Please do not go into store to ensure the safety of our customers and colleagues during this time. Please call, email or zoom Community Champions for support.

What We Would Fund

- Food parcel for a family/individual
- Christmas Hamper (food only)
- School Holiday Clubs (food only)
- Soup kitchen/homeless centre (food only)
- Christmas meal deliver or collection
- Local Community Centre providing meal deliveries

Feeding Communities Grant

- Maximum £1,000 per grant.
- Per meal maximum cost £4.00 (can be lower than this)
- We will not contribute towards meals which cost more than £4.
- No quotes needed
- All requests must include a bank statement as proof of payee name
- We will fund groups who have already received funding from Asda Foundation in 2020
- All groups must be not for profit; we do not fund groups who deliver a service to make a profit.

Is my group eligible for a grant?

To be eligible to apply for a grant, your group must be one of the following: • A Charity • A Not for Profit Company • A Community Interest Company (CIC) • An Unincorporated Club or Association”

For further details please visit:

<https://www.asdafoundation.org/documents/grant-criteria-guidelines-fc.pdf>

<https://www.asdafoundation.org/how-to-apply>

Kind regards and keep well

Karen and Keith

” They must often change who would be constant in happiness or wisdom. “Confucius